

Think Teen!

1st Grade of Junior High School

WORKBOOK

Προχωρημένοι

Τόμος 2

ΣΤΟΙΧΕΙΑ ΑΡΧΙΚΗΣ ΕΚΔΟΣΗΣ

ΣΥΓΓΡΑΦΕΙΣ

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ΚΑΙ ΤΟΥ ΥΠΟΕΡΓΟΥ ΚΑΤΑ ΤΗ
ΣΥΓΓΡΑΦΗ

Ιωσήφ Ε. Χρυσόχοος, Πάρεδρος
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«Αναμόρφωση των προγραμμά-
των σπουδών και συγγραφή νέων
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Πράξη με τίτλο:

**«Συγγραφή νέων βιβλίων και πα-
ραγωγή υποστηρικτικού εκπαιδευ-
τικού υλικού με βάση το ΔΕΠΠΣ
και τα ΑΠΣ για το Γυμνάσιο»**

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Έργο συγχρηματοδοτούμενο 75%
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μείο και 25% από εθνικούς πόρους.

— ΣΤΟΙΧΕΙΑ ΕΠΑΝΕΚΔΟΣΗΣ —

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Ευρωπαϊκή Ένωση
Ευρωπαϊκό Κοινωνικό Ταμείο



ΕΠΙΧΕΙΡΗΣΙΑΚΟ ΠΡΟΓΡΑΜΜΑ
ΕΚΠΑΙΔΕΥΣΗ ΚΑΙ ΔΙΑ ΒΙΟΥ ΜΑΘΗΣΗ
επένδυση στην κοινωνία της γνώσης
ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ & ΘΡΗΣΚΕΥΜΑΤΩΝ, ΠΟΛΙΤΙΣΜΟΥ & ΑΘΛΗΤΙΣΜΟΥ
ΕΙΔΙΚΗ ΥΠΗΡΕΣΙΑ ΔΙΑΧΕΙΡΙΣΗΣ

Με τη συγχρηματοδότηση της Ελλάδας και της Ευρωπαϊκής Ένωσης



ΕΣΠΑ
2007-2013
Πρόγραμμα για την ανάπτυξη
ΕΥΡΩΠΑΪΚΟ ΚΟΙΝΩΝΙΚΟ ΤΑΜΕΙΟ

Οι διορθώσεις πραγματοποιήθηκαν κατόπιν έγκρισης του Δ.Σ. του Ινστιτούτου Εκπαιδευτικής Πολιτικής

Η αξιολόγηση, η κρίση των προσαρμογών και η επιστημονική επιμέλεια του προσαρμοσμένου βιβλίου πραγματοποιείται από τη Μονάδα Ειδικής Αγωγής του Ινστιτούτου Εκπαιδευτικής Πολιτικής.

Η προσαρμογή του βιβλίου για μαθητές με μειωμένη όραση από το ΙΤΥΕ – ΔΙΟΦΑΝΤΟΣ πραγματοποιείται με βάση τις προδιαγραφές που έχουν αναπτυχθεί από ειδικούς εμπειρογνώμονες για το ΙΕΠ.

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ΓΙΑ ΜΑΘΗΤΕΣ
ΜΕ ΜΕΙΩΜΕΝΗ ΟΡΑΣΗ**

ΙΤΥΕ - ΔΙΟΦΑΝΤΟΣ

**ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ,
ΕΡΕΥΝΑΣ ΚΑΙ ΘΡΗΣΚΕΥΜΑΤΩΝ
ΙΝΣΤΙΤΟΥΤΟ ΕΚΠΑΙΔΕΥΤΙΚΗΣ
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ΑΝΑΔΟΧΟΣ ΣΥΓΓΡΑΦΗΣ **Ελληνικά
γράμματα**

**Η συγγραφή και η επιστημονική
επιμέλεια του βιβλίου
πραγματοποιήθηκε υπό την αιγίδα
του Παιδαγωγικού Ινστιτούτου**

**1st Grade of Junior High School
Workbook**

Προχωρημένοι

ΙΤΥΕ- «ΔΙΟΦΑΝΤΟΣ»



Unit 3

TEEN matters!

LESSON 1: Food for thought!

LESSON 2: Your problem sorted!

LESSON 3: We're on a shopping spree!

In Unit 3 you will...

READ

- a quiz about healthy snacking
- a presentation of Bob's snacking habits
- children's letters to Agony Aunt
- house advertisements

Lesson 1

PRACTISE COLLOCATIONS & VOCABULARY RELATED TO

- food
- adjectives
- opposites
- advertisement abbreviations

PRACTISE THE USE OF

- nouns and quantifiers
- modals (must/ mustn't/ don't have to/ may/ might/ should/ shouldn't)
- comparative & superlative


WRITE

- a paragraph about your snacking habits
- a letter of advice
- a paragraph explaining your opinion



Reading

Healthy Snacking Quiz

- 1**   Circle the tick (✓) or the cross (✗) to find out if healthy snacking is a piece of cake for you!

QUESTIONS	TRUE	FALSE
1. I think about how healthy a snack is every time I choose to have one!	✓	✗
2. I usually choose the healthiest snack, such as yoghurt, an apple etc.	✓	✗
3. I plan ahead what snacks I eat every day.	✓	✗
4. There are always healthy snacks around at home.	✓	✗

QUESTIONS	TRUE	FALSE
5. I rarely buy snacks from the school canteen.	✓	✗
6. My parents never buy unhealthy snacks from the supermarket.	✓	✗
7. I don't like junk food.	✓	✗
8. I often check how much fat and how many calories there are in the snacks I have.	✓	✗
9. I don't snack when I'm bored or stressed.	✓	✗
10. I don't snack when I watch TV or do my homework.	✓	✗

Based on http://kidshealth.org/teen/food_fitness/nutrition/snacking.html

Lesson 1

- **7 or more ✓** : You certainly follow a healthy diet. Snacking is no problem for you. There's always something healthy to snack on.
- **4 - 6 ✓** : You know what is healthy and what is not. However, you have an unhealthy snack from time to time. Be careful! You don't want to lose balance.
- **3 or fewer ✓** : You know what is good and what is bad for you but you seem to have a sweet tooth. You need to try harder.

How many ticks have you got? ...

2 Bob did the 'Healthy Snacking' Quiz. How many ticks has he got?
☆☆



Hi! My name's Bob and I like snacks. Every time I choose to have a chocolate I know it's bad for me and my teeth. That's why I only have a small bar of chocolate once a week. I don't often buy food from the school canteen because my parents say that canteens sell unhealthy snacks. I usually have a good breakfast every morning and I take a fruit with me for the break. I don't plan ahead what snacks I'll have during the day but there's always something healthy around. My parents sometimes buy sweets, biscuits and fizzy drinks from the supermarket. I love going to my favourite fast food restaurant with my friends every

Lesson 1

Saturday. I always have a double cheeseburger. I'm not fat so I don't worry about calories and things like that. I never eat in front of the TV or when I'm bored. That's a rule at our home!

Bob has got ✓

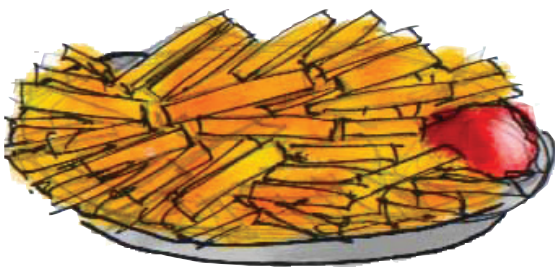


Vocabulary Link

Food

③ Write the words
☆☆ under the pictures.

Task 14 - p.136-137/138



chips



1.

Food for thought!

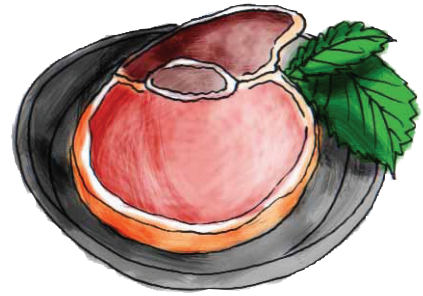
MILK



2.



3.



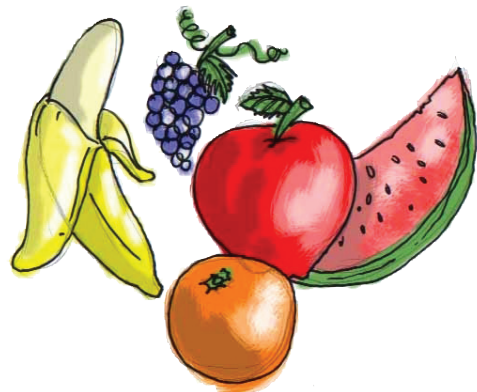
**CORN
FLAKES**



4.



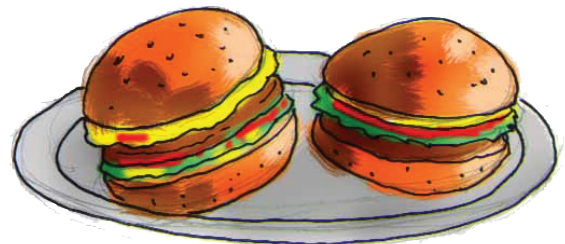
5.



6.



7.



8.

Lesson 1

Collocations

④ Match the words/ phrases 1-9 with a-i to form collocations.
☆☆

1. skip

...i...

a. for your heart

2. pay

.....

b. recipe books

3. high

.....

c. in a while

4. once

.....

d. in fats

5. normal
-sized

.....

e. eating habits

6. poor

.....

f. meals

7. bad

.....

g. on fatty foods

8. go
through

.....

h. attention

9. cut down

.....

~~i. a meal~~



5 Write the opposites.



e.g. canned fruit \neq **fresh fruit**

1. full-fat milk \neq

.....

2. white bread \neq

.....

3. good eating habits

\neq

4. fast-food meal

\neq

5. huge amounts of additives

\neq



Lesson 1

6 Complete the sentences with the adjectives of the words in brackets.
★

e.g.

You must have three **normal-sized** meals a day. (NORMAL SIZE)

1. Fast food isn't for teenagers. (HEALTH)
2. Lisa is she is slim. There's no need to go on a diet. (LUCK)
3. Are there any drinks in your fridge? (FIZZ)

4. The doctor says that my
granddad mustn't eat
..... food. (SALT)

5. Yummy! I love my granny's
apple pie. It's always so
..... (TASTE)

6. We're having chicken with
..... potatoes
for lunch. (BAKE)

Task 15 - p.138/139

7 Choose the correct word.



1. I must down on fatty foods.
a. give b. cut c. stop
2. Unhealthy food is usually
high in
a. calories b. energy c. water
3. Don't eat so much meat. It's bad
for your
a. heart b. recipe c. meal
4. Let's have some tofu!
a. chicken b. fruit c. burgers

5. Buy ... bread. It's healthier!

a. whole grain b. frozen c. boiled

**6. Carbonated water makes
drinks**

a. sugary b. salty c. fizzy





Grammar Link

Nouns and Quantifiers

8 Put ticks in the right columns. Then write
☆☆ sentences in your notebook.

	a lot of	some/any	much	many	a few	a little
oranges	✓	✓		✓	✓	
water						
eggs						
yoghurt						
steaks						
bread						

9 Complete the sentences with  **must / mustn't / don't have to.**

e.g. I **must** have three normal-sized meals a day.

1. You go on a diet. You are in good shape!
2. You eat fast food very often.
3. You drink lots of water every day.
4. Young children drink fizzy drinks. They are bad for their health.
5. You stop eating burgers completely. You can have fast food once a month.
6. We take some regular exercise to keep fit. Let's start jogging!

Lesson 1



Writing

My snacking habits

- 10** **Look at the quiz and Bob's paragraph in task 1 and write a short paragraph about your snacking habits. Compare it with your partner's and decide who's got healthier eating habits.**
- ☆☆☆

Tip!

Give examples of what you eat. Use the language you've learnt in this lesson.

Food for thought!

.....

.....

.....

.....

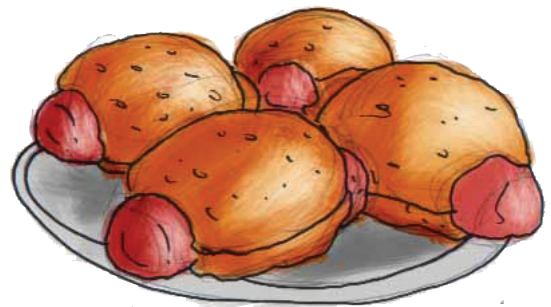
.....

.....

.....

.....

.....



Lesson 2



Reading

A problem shared...

Task 16 - p.139-142/139

- 1** **What problems do these children have? Read the letters (a-c) and match them with the titles (1-4) (there is an extra title).**

1. Want to play with me?
2. DIFFERENT TASTES IN SPORTS
3. Everything is His!
4. ALWAYS IN FASHION?

TEENMAG



a.

Dear Agony Aunt,

My name's Simona. I'm 12 and I want to be a model. I love wearing trendy clothes and buying lots of accessories. My mum doesn't like buying new clothes. She says it's a waste of money because fashion changes all the time. The problem is that there is a fashion show for teenagers in my area next month and my parents won't let me take part. I think it can be the beginning of my modeling career. What should I do?

TEENMAG



b.

Dear Agony Aunt,

My name's Jean Paul. I'm 14 and I am keen on football. My parents love tennis and they think I should learn how to play tennis, too. But I don't like it much. All my friends play football and what is more there is a football ground just opposite our school. It's our meeting point at the weekends. What do you think I should do?

TEENMAG



C.

Dear Agony Aunt,

My name's Jason and I'm 10. I've got a sister who is older than me and a brother who is just five. The problem is that my brother wants everything I have. Every new DVD I buy he wants to be the first to see it. Every PC game I get, he wants to be the first to try it. That's why we always fight and my parents always put the blame on me. When I talk to them, they don't listen. They say I'm older than him and I shouldn't make him cry. I hate him.

Lesson 2

2 **Read the letters again and decide what they should do.**



1. Simona should

- a. take part in the fashion show without her parents' permission.**
- b. tell her parents why this show is important to her.**
- c. not take part in the show because she is very young.**

2. Jean Paul should

- a. tell his parents that he would like to play both football and tennis.**
- b. play tennis only and stop playing football.**
- c. not play football at weekends.**

3. Jason should

- a. share all his things with his little brother.
- b. hide his favourite things and give his brother the toys and DVDs he doesn't like any more.
- c. start crying like his brother to get his parents' attention.

Lesson 2



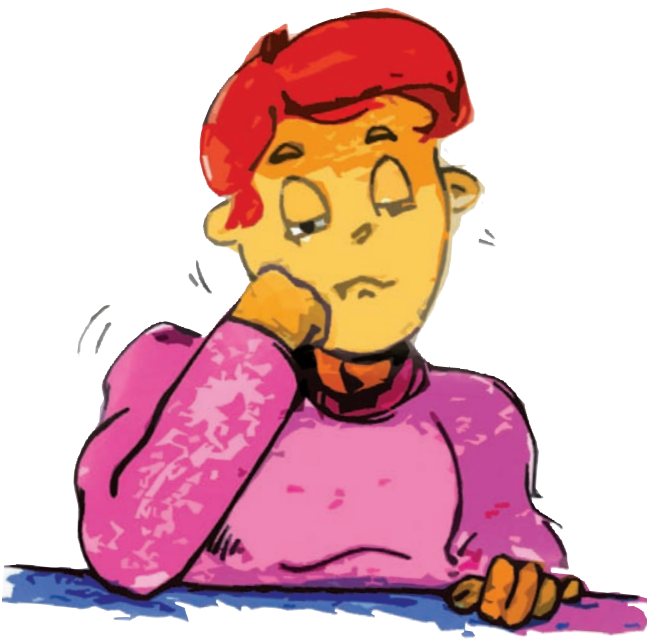
Vocabulary Link

Adjectives

3 Match the words in the box with the pictures (1-5).
★

Task 17 - p.143/140

nervous worried tired excited
sad bored



sad



1

Your problem sorted!



2



3



4



5

Lesson 2

- 4** Use the adjectives from task 3 to complete the sentences.



Task 18 - p.144/140

e.g. I feel **sad** when I see poor children in the streets.

1. My dad gets
when I don't do well on a test.
2. I feel when
there's nothing interesting on TV.
3. All children feel
when Christmas holidays are
near.
4. Stop looking at me! You make me
feel
5. I feel dead after a
week's work.

Your problem sorted!

Lesson 2



Grammar Link

Making Guesses - Giving Advice

5 Match 1-4 with a-d.



1. The girl sitting next to him must be his sister.
2. She may/might be his mother.
3. You should stop biting your nails.
4. You shouldn't feel so nervous about tests.

- **a. I'm 50⁰% sure.**
- **b. I think this is not so good for you.**
- **c. I'm almost 100⁰% sure.**
- **d. I think this is good for you.**

Lesson 2

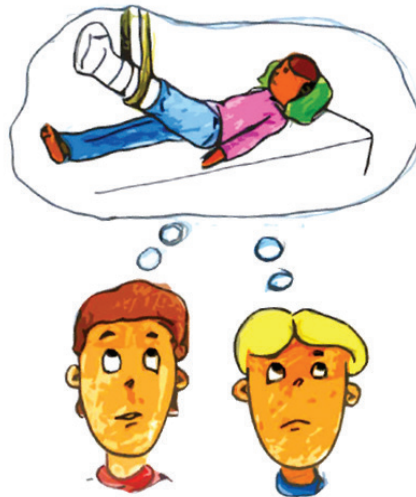
- 6** **Look at the pictures and complete the sentences 1-4 with must or may/might.**



1. Susan be at Jenny's party. There's no answer.



2. John be dead tired. He has cleaned the whole house.



**3. Jerry be in hospital.
He wasn't at school this morning.**



**4. Mark and Tim be twins.
They look identical!**

Lesson 2



Match the problems (1-7) with the suggestions (a-g) and then write sentences using should or shouldn't.

I've got bad marks in my school report.

1. My mum looks very tired.
2. I spend lots of money on mobile phone cards.
3. I love this CD.
4. I'm thirsty but this water isn't clean.
5. This T-shirt looks awful on you!
6. It's raining.
7. There're lots of cars.

Your problem sorted!



..... **h**

a. buy it

b. call your friends on your mobile

.....

c. cross the road

.....

d. drink it

.....

e. help with the housework

.....

f. take your umbrella

.....

g. wear it

.....

~~**h. work harder**~~

.....

Lesson 2

e.g.

I've got bad marks in my school report.

1.
.....

2.
.....

3.
.....

4.
.....

5.
.....

6.
.....

7.
.....

You should work harder!

a.
.....

b.
.....

c.
.....

d.
.....

e.
.....

f.
.....

g.
.....

Lesson 2



Writing

A letter of advice

8 Choose a letter from task 1 on **☆☆☆** page 24-27/33 and write a short reply. Follow the guidelines in the writing section of the student's book on page 39/36.

.....

.....

.....

.....

.....

.....

.....

Lesson 3



Vocabulary Link

- 1** Match the words (1-9) with their meaning (a-i).
☆☆

- | | |
|-------------------|------|
| 1. shopping spree | |
| 2. review | |
| 3. fan | |
| 4. court | |
| 5. take part in | |
| 6. update | |
| 7. factory | |
| 8. thrilling | |
| 9. loads of | |

We're on shopping spree!



- a. exciting**
- b. a report about a book or a film**
- c. time when you buy lots of things**
- d. people work and make goods there**
- e. new information for a computer programme**
- f. lots of**
- g. s/he likes an actor/ a singer etc or a game/ a tv show etc a lot**
- h. you can play tennis there**
- i. join**

Collocations

- 2** Choose the right word to complete the sentences.
★

Task 19 - p.145/140

1. He joined the ... when he was 18.
a. factory b. army c. update
2. Would you like to ... a ticket for the match?
a. win b. save c. solve
3. Can you help me ... this puzzle?
It's very difficult.
a. choose b. explore c. solve

4. Lisa took ... in the school singing contest.
a. part b. prize c. price
5. Chimps are very ... animals.
a. fun b. funny c. thrilling
6. My brother doesn't like giving his ... to other children.
a. toys b. games c. review
7. Going out with friends is great ...
a. funny b. fan c. fun
8. My sister is Avril Lavigne's ...
She's got all her CDs.
a. fan b. fun c. funny

Lesson 3

Opposites

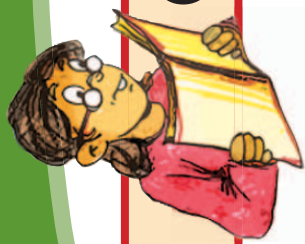
3 Match the opposites.



Task 20 - p.146/141

- | | |
|----------------------|----------------|
| 1. bad ≠ | a. cold |
| 2. old ≠ | b. poor |
| 3. boring ≠ | c. little |
| 4. easy ≠ | d. good |
| 5. expensive ≠ | e. near |
| 6. beautiful ≠ | f. difficult |
| 7. rich ≠ | g. ugly |
| 8. much ≠ | h. cheap |
| 9. hot ≠ | i. interesting |
| 10. far ≠ | j. new |

We're on shopping spree!



Grammar Link

Comparing

4 Match the examples (a-c) with the spelling rules and then complete them.

Adjectives ending in...	in comparative & superlative...
consonant-vowel-consonant	double the final consonant and take -er / -est e.g.
consonant + y	take -ier/-iest e.g.
consonant + e	take -r / -st e.g.

Examples

a. heavy ↗ heav.../heav...

b. nice ↗ nice.../nice....

c. fat ↗ fatt.../fatt....

5 Put the adjectives of task 3 (48/39) in the right column and then write their comparative and superlative form.

SHORT ADJECTIVES		LONGER ADJECTIVES			IRREGULAR ADJECTIVES			
1.	2.	3.	4.	5.	6.	7.	8.	9.

Lesson 3

- 6 a. Complete the sentences. Use the positive, the comparative or the superlative forms of the adjectives in brackets.

Task 21 - p.147-149/141

e.g. My dad is the **tallest** (tall) man in our family.



1. My computer screen is (wide) than yours.
It is 19 inches.
2. Jerry is (popular) boy in our class. Everybody likes him.
3. My mobile phone isn't as (expensive) as my friend's.

We're on shopping spree!

- 4. My room is (big) than my brother's. There's room for two beds.**
- 5. My brother is (good) basketball player in the school team.**
- 6. Matrix isn't as (exciting) as The Lord of the Rings.**
- 7. My dad's jokes are (funny) than my mum's.**
- 8. Homemade food is (healthy) than fast food.**
- 9. Fresh fruit with yoghurt is (delicious) dessert of all.**
- 10. The blue T-shirt is as (trendy) as the red one.**

Lesson 3

b. Now complete the rules.

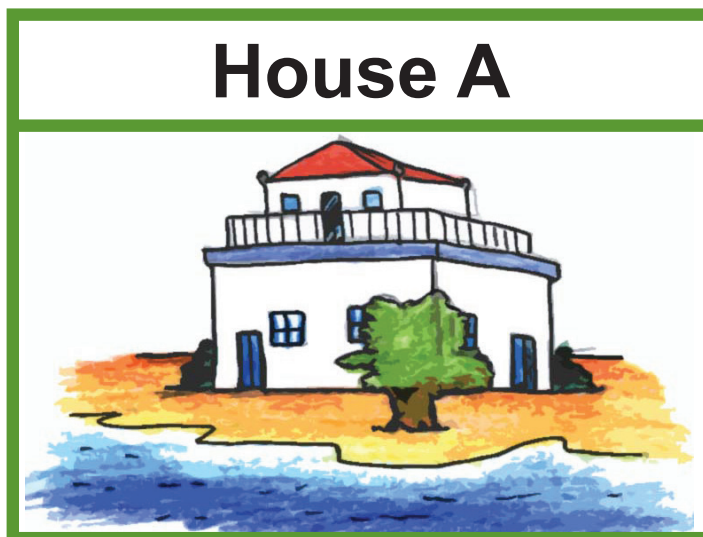
- a. In sentence number 1 above, we compare **two/more than two** things.
- b. One and two-syllable adjectives take the ending in this case.
- c. We use '.....' with longer adjectives, like 'popular'.
(sentence number 2 - **page 54/40**)
- a. The irregular superlative form of 'good' is (sentence number 5 - **page 55/40**)
- d. We **use/don't use** the comparative form with 'as as'. (sentences number 3, 6, 10 - **page 54-55/40**)



Reading

House ads

- 7** **Read the house ads, match the abbreviations and complete the sentences with A, B or C.**



€ 300,000.00

Detached hse by the sea

3 beds

lounge, kit

bath/wc

garage

40 mins from city centre

Lesson 3

House B



€ 150,000.00

**small flat in a modern block
big lounge, kit
bath
rear gdn
20 mins from city centre**

House C



€ 250,000.00

traditional country cottage

4 beds

big lounge with fireplace, kit

bath/wc

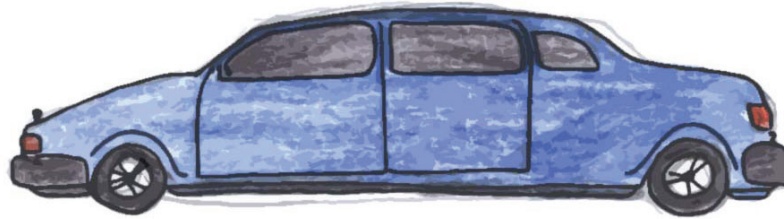
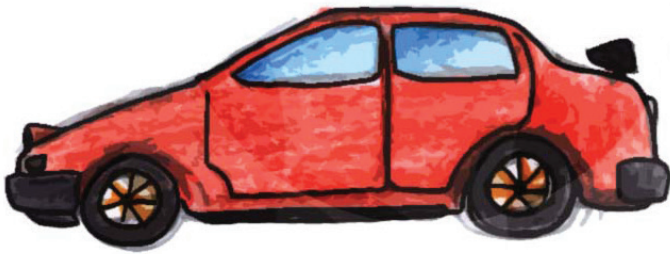
big gdns

Lesson 3

ABBREVIATIONS	
• hse	• garden
• beds	• minutes
• kit	• house
• bath	• bedrooms
• mins	• bathroom
• gdn	• kitchen

1. House ... is more expensive than House C.
2. House ... is nearer the city centre than House A.
3. House ... is the most traditional of all.
4. House ... the cheapest of all.
5. House ... is more modern than House C.
6. House ... is bigger than House B.

We're on shopping spree!



	Car A	Car B	Car C
Year:	1992	1968	1998
Length:	2.7m	2.2m	7m
Speed:	120km/h	70km/h	140km/h
Price:	€ 20,000	€ 7,000	€ 50,000

I think car ... is the right car for the Marsilettis because

- **it is cheaper t.....**
-
-
-
-





Unit 4

Looking back
on the past!

LESSON 1: On a mystery tour!

LESSON 2: Tell me a story!

LESSON 3: We survived the tsunami!

In Unit 4 you will...

READ

- **the history of the Vikings**
- **jokes**
- **news reports**

Lesson 1

PRACTISE COLLOCATIONS & VOCABULARY RELATED TO

- music, puppets, poetry
- famous people
- burglary
- the weather
- disasters

PRACTISE THE USE OF

- Past Simple (regular & irregular verbs)
- Past Continuous

WRITE

- your biography for your class year book
- a paragraph describing what was happening at specific times in the past
- a story

On a mystery tour!

Lesson 1



Reading

- 1. NORTH AMERICA
- 2. Atlantic Ocean
- 3. Greenland
- 4. Iceland
- 5. Britain
- 6. Ireland
- 7 Scandinavia
- 8 France
- 9. Russia
- 10. EUROPE
- 11. Mediterranean
- 12. AFRICA
- 13. Arabia

The Vikings

- 1**  Read the first paragraph about the Vikings and circle the places they visited on the map.

THE VIKINGS

RAIDERS, TRAVELLERS OR BRAVE EXPLORERS?

The Vikings sailed the seas, attacked towns and stole treasures all over Europe between the years 800 and 1100. They started from Scandinavia and attacked many countries in Europe. They settled in Britain, Ireland and France. They also crossed the Atlantic Ocean and arrived in Iceland and Greenland. They discovered North America but they also travelled east to Russia and south to Arabia.

Lesson 1



They were good farmers and excellent shipbuilders. They used their ships for wars. They also used them to carry people and goods to new lands. In winter, when there was not much farm work to do, they stayed at home and did other interesting jobs. Men made swords to use them in battles. The Vikings liked swords so much they often decorated themselves with gold and gave them names. Women cooked food and made clothes, shoes and jewellery for them, their children and their husbands. The Vikings believed in many gods and goddesses. Their favourite was Odin, the god of the dead!

Lesson 1

In 866 the Vikings captured an Anglo-Saxon town. They called it Jorvik and it was the capital of the Viking kingdom for 200 years. They made Jorvik rich and one of the most famous cities in Britain. Some years ago, archeologists discovered part of that Viking town in York, the modern city of Jorvik. They found many things such as jewellery, coins and clothes. If you ever go to York and you want to travel back in time and see how the Vikings lived, visit the Jorvik Viking Centre!

**Adapted from Wilson, D. M.
(1987) The Vikings,
Activity Book, British Museum Press
Pictures from Maynard, C. (1996)
Viking Times, Kingfisher**

- 2** Now read the text and complete the notes.


Task 22a - p. 150-155 / 142

Task 22b - p. 156-157 / 143

- The Vikings were
and
a. pirates b. sailors c. farmers
- In winter
 - o men
 - o women and
- Their favourite god was
.....
- was the capital of their kingdom.
- The name of the museum in York is

Lesson 1



Vocabulary Link

Music, puppets, poetry

3 Use the words in the box to complete the spidergrams.
☆☆☆

puppeteer // classical music //

poet // plays // voice // sonnet //

~~opera~~ // line // ~~The Muppet Show~~ //

composer // puppet // symphony //

poem // Macbeth // ~~playwright~~ //

Sesame Street // TV programmes //

Romeo and Juliet



Mozart

•

-
-
- opera

Lesson 1



Shakespeare

playwright

.....

-
-
-

•

-
-



Henson

.....

-
-
-

-
- **The Muppet Show**

Collocations

4 Choose the right word.



Task 23 - p. 158/143

1. People used the dynamite to
canals.
a. build b. compose c. invent
2. Columbus ... America.
a. invented b. discovered
c. created
3. Who ... the lamp?
a. built b. invented
c. discovered
4. Mozart composed his first ...
when he was 5.
a. play b. music c. invention

5. **Walt Disney is the ... of Mickey Mouse.**
a. inventor b. composer
c. creator
6. **The Little Mermaid is my favourite ...**
a. fairy tale b. poem c. sonnet



Lesson 1



Grammar Link

Past Simple of the verb 'to be'

5 Complete the tables.



Affirmative

I was

You were

He / She / It

We / You / They

Negative

Full Form	Short Form
I was not	I wasn't
You	You
He / She / It
We / You / They	We / You / They ..

Interrogative

..... I?

..... you?

Was he / she / it?

..... we / you / they?

Short Answers

I was

You were

He / She / It

We / You / They

Lesson 1

6 Complete the sentences. Use **was, wasn't, were, weren't**.

1. Paul at school yesterday. He ill.
2. My CD player on my desk two minutes ago.
3. Where you last Sunday? I on a picnic.
4. Jim and George at the party? No, they
5. My room tidy this morning. Everything was upside down.

Past Simple of regular verbs

7 Complete the tables.



Affirmative

I / You / He / She / It / We / They
invented a speaking watch.

Negative

Full Form

I / You / He / She / It

We / They ... **not invent**
a speaking watch.

Short Form

I / You / He / She / It /

We / They **didn't**
a speaking watch.

Interrogative

Did I / you / he / she / it / we / they
..... a solar car?

Short Answers

Yes, I / you / he / she / it / we / they
No, I / you / he / she / it / we / they

Past Simple of irregular verbs

Affirmative

I / You / He / She / It / We /
They **wrote** an e-mail.

Negative

Full Form

I/You/He/She/It
We/They ... not **write**
a letter.

Short Form

I/You/He/She/It
We/They didn't
a letter.

Interrogative

Did I/you/he/she/it/we/they
..... an e-mail?

Short Answers

Yes, I/you/he/she/it/we/they
No, I/you/he/she/it/we/they

8 Complete the examples.



1. Regular verbs in the Past Simple end in **-ed** e.g. I walk in the forest
⇒ I yesterday.
2. Verbs ending in consonant-e take **-d** e.g. They like chocolate.
⇒ **They**
3. Verbs ending in consonant-vowel-consonant and stressed in the final syllable double the final consonant e.g. I stop at 5 o' clock.
⇒ I

4. Verbs ending in consonant + y take -ied e.g. We try hard.
⇒ **We**.....
5. In questions and negative sentences we use **did** e.g.
you visit your grandparents last weekend? Yes, I did.
6. We use **was/were** in questions and negative sentences with the verb 'to be'. e.g.you at school an hour ago? No, I

9 

Write the verbs in the Past Simple in the correct column.

**study / ~~write~~ / ~~cook~~ / ~~stop~~ / ~~listen~~ / try / say /
look / find / stay / prefer / discover / invent /
compose / go / plan / play / like / tidy / love**

Lesson 1

10

Write questions and short answers.



you / go / to school / yesterday? ✓

e.g. Did you go to school yesterday?

Yes, I did.

1. your friend / go to the cinema / last night? ✓

.....
.....

2. Brian / win the gold medal / this morning? ✗

.....
.....

3. you / visit / the Acropolis / last year? ✘

.....
.....

4. Jill / write / an e-mail / two hours ago? ✓

.....
.....

5. granddad / be / museum / on Sunday? ✘

.....
.....

Lesson 1



Fill in the gaps with the correct form of the verbs in brackets in the Past Simple.

Task 24 - p. 159-160 / 143

Stuart: Did you watch (you/watch) Madonna's concert on TV last night?

Ann: No, I didn't. I had (have) a lot of homework.

Stuart: Really? What 1
..... (you/do)?

Ann: I 2 (finish) drawing a map for geography, I 3 (revise) the vocabulary for the test in English and I 4 (study) the piano.

Stuart: Wow! You **5**
(be) terribly busy! What
time **6**
(you/finish)?

Ann: I **7**
(start) at four o'clock
in the afternoon and I
8 (finish)
at ten. What about you?
When **9**
..... (you/study)?

Stuart: I **10** (finish)
everything on Saturday so
I **11** (be) free
on Sunday.

Ann: That's cool!

Lesson 1

12 **Change the sentences into Past Simple. Use the words in bold.**



e.g. I get up at seven o'clock every morning. **YESTERDAY**
Yesterday I got up at eight o'clock.

1. We usually have cornflakes for breakfast. **DIDN'T**

We this morning.

2. Jack plays football with his friends every day. **BASKETBALL**
Yesterday morning Jack

.....

3. I usually visit my grandparents on Mondays. **LAST MONDAY**
I didn't

4. It usually takes me two hours to drive back home from work. **ONE**
It to drive back home from work yesterday.


5. There aren't any kids in the park now. **TWO HOURS AGO**
There

Lesson 1



Writing

My biography

13  **Write your biography for your class year book. First, make a list of the most important dates and events in your life and then write a short paragraph using the Past Simple.**

DATES

- .../.../....
-
-
-
-
-
-

EVENTS

- I was born
- started
-
-
-
-
-

Lesson 2



Reading

Jokes

- ① Read the jokes (1-3) and match them with the pictures (a-c).
★

TEEN MAG

JOKE 1

Early one morning, a mother was trying to wake up her son. “Wake up, son. Time to go to school!”

“But why, Mum? I don't want to go.”

“Tell me why you don't want to go.”

“Well, the kids hate me, and the teachers hate me, too!”

“Oh, that's no reason not to go to school. Come on now and get ready.”

“Tell me why I should go to school” said the son.

.....

JOKE 2

One day a little girl was sitting and watching her mother wash the dishes at the kitchen sink. She suddenly saw that her mother had several strands of white hair. She looked at her mother and asked, “Why are some of your hairs white, Mummy?” Her mother replied, “Well, every time you do something wrong and make me cry or unhappy, one of my hairs turns white.” The little girl thought about this for a while and then said,

.....

JOKE 3

For weeks, a six-year old kid kept telling his teacher about the

Lesson 2

baby brother or sister they were expecting in his family.

One day his mum let him feel the baby's movements. The six-year old was impressed, but said nothing.

He also stopped telling his teacher about the baby.

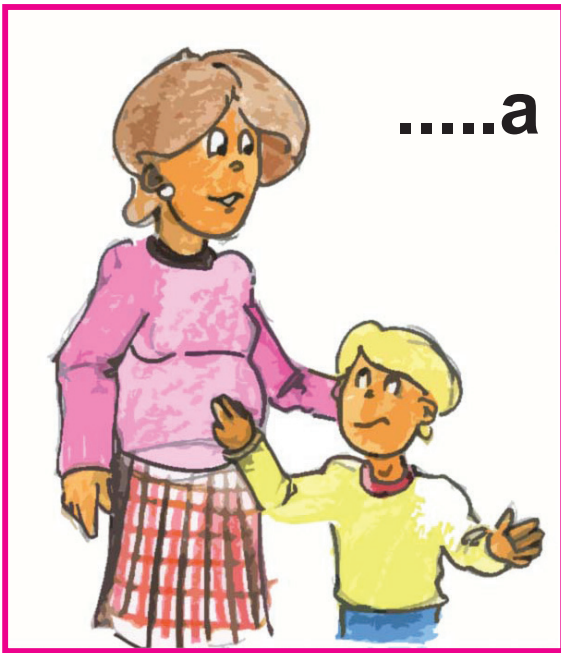
One day the teacher asked,

“Tommy, what has become of that baby you were expecting at home?”

Tommy started crying and said,

.....

Tell me a story!



Lesson 2

- 2** **Read the jokes again and find the last sentence to complete them (1-4). There's an extra one.**



Task 25 - p. 161 / 144

- a. “Mummy, is this why all of grandma's hair is white?”
- b. While leaving the room, she overheard her son say, “Who was 'that'?”
- c. “I think Mummy ate it!”
- d. “Well, for one, you're 52 years old. And for another, you're the headmaster!”

Tell me a story!

Lesson 2



Vocabulary Link

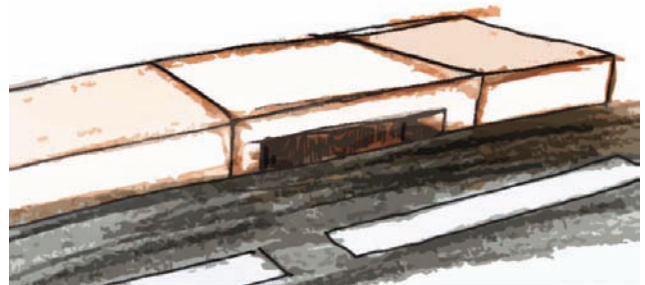
- 3 Match the words in the box with pictures 1-8.
★

Task 26 - p. 162-163/144

a broken window / a police report /
pavement / a burglar / lie on a sofa /
a lock / jewellery / the wind was
blowing



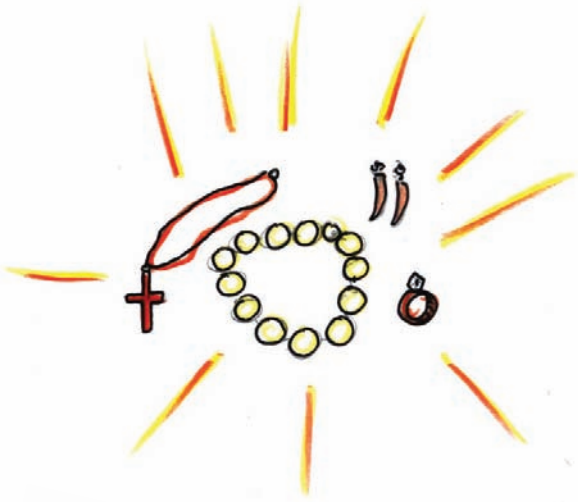
**POLICE
REPORT**



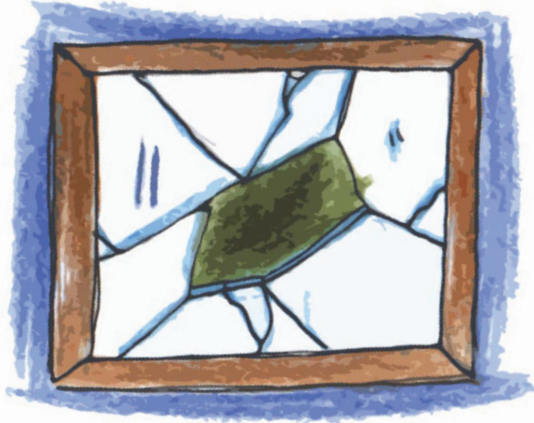
1

2

Tell me a story!



3



5



7



4



6



8

Collocations

4 Complete the sentences.



Task 27 - p. 164-165 / 144-5

1. I wrote a story for a competition and won first p.....
2. Mr. Wilson is our new n.....
He has just moved into the flat next door.
3. I must tidy my room. It's in a terrible m.....
4. John was standing on the p..... outside the cinema.
He was waiting for his friend.

5. After the bank robbery, we called the p..... and they arrived five minutes later.
6. We decided to s..... our summer holidays in Kalavryta.
7. Two b..... got into my flat and stole my j.....
8. Can you help me r..... my bike? It's got a flat tyre.

Lesson 2

5 Delete the odd one out.



1. It was raining ...
a. heavily b. cats and dogs
~~c. slightly~~
2. It was a ... summer morning.
a. wind b. rainy c. sunny
3. The ... was coming up.
a. sun b. flower c. wind
4. Jeff and Diana ...
a. asked out b. got married
c. fell in love
5. We felt ... when she told us the good news.
a. disappointed b. excited
c. happy



Grammar Link

Past Continuous

6 Complete the table.



Affirmative

Full Form

I was watching

You were watching

.....

She was

It

We were watching

You

They

**TV at 7.00
in the
evening.**

Negative

Full Form	Short Form
I not watching	I wasn't watching You weren't watching
He was not watching	She wasn't watching
We were not watching You were not watching They the news.

Interrogative

..... I watching

Were you watching

Was he watching

..... she

..... it

..... we

Were you

..... they watching

a film?

Short Answers

Yes, you were./ No, you weren't.

Yes, I was./ No, I wasn't.

.....

Yes, she was. No, she wasn't.

.....

.....

.....

.....

Lesson 2

7
★

What was happening in the classroom when the teacher got in?

1. Jimmy and Tim
(listen) to music on their MP3s.
2. Emily (write)
a note.
3. Paul (draw)
a cartoon on the board.
4. Billy (sleep)
on his desk.
5. Kelly (talk)
on her mobile.



8 Answer the questions about you.


1. Did you have a good breakfast yesterday morning?

.....
.....

2. Were you doing your homework at 10 o' clock last night?

.....
.....

3. Did you go to school on foot last Monday?

.....
.....

4. Were your parents watching TV at 8.30 yesterday evening?

.....
.....

Lesson 2

5. Was your best friend listening to music when the teacher came in this morning?

.....
.....

6. Did your teacher give you much homework last week?

.....
.....

7. Where were you at 9 o' clock in the morning?

.....
.....

8. What was your teacher doing when the school bell rang at 2.00?

.....
.....



Writing

What was happening



Look around you and see what is happening (weather, family etc). Take notes (time-events-actions). Come back to your notes the following day and write what was happening in your house. Compare your notes with your partner' s and find similarities and/or differences.

NOTES

At o'clock yesterday

.....

.....


Lesson 2

A large light blue rectangular area containing ten horizontal dotted lines, serving as a writing space.



Reading

World News in brief!

- 1**  Read the headlines of the news reports and tick the disasters (a-e) you think they are about. Then read the news and check if you are right.

Task 28 - p. 166-168 / 145

- a. a police car accident
- b. a fire
- c. an environmental disaster
- d. a tsunami
- e. bad weather

FIRES RAGE IN THREE STATES

N. Mexico, Jan 13, 2006

Firefighters in Texas, New Mexico and Oklahoma are trying to control dozens of fires that started last month. The fast-moving fires destroyed small towns and damaged more than 500,000 acres of land. At least five people lost their lives.

POLISH TRAGEDY IN SNOW BOUND EUROPE

Warsaw, Jan 29, 2006

Frigid weather caused severe damages across Europe over the weekend. At least 66 people died when a roof fell because of heavy snow in Poland. Cars couldn't

move because of Snow in France, Switzerland, Italy, Spain and Portugal and there were lots of car accidents.

AN OIL DISASTER

Madrid, Nov 21, 2002

Last week, an oil tanker on its way to Singapore was caught in a terrible storm near Spain. The tanker sank about 150 miles from Spain. It was carrying more than 20 million gallons of fuel oil and about 1.6 million gallons of oil went into the Atlantic Ocean. Beaches and wildlife are in danger.

adapted from

<http://www.timeforkids.com/TFK/hh>

2 Read the news again and complete the table



TYPE OF DISASTER		bad weather	
PLACE			
DATE	13/1/2006		
DEAD PEOPLE		66	-
DAMAGE			Beaches and wildlife in danger



Vocabulary Link

Disasters

3 

Find and circle 10 words related to disasters.

T	S	U	N	A	M	I	A	G	I	L	M	C	P	O	X
B	F	M	O	H	E	A	R	T	H	Q	U	A	K	E	A
F	I	R	E	S	N	J	O	P	R	T	B	R	W	Y	S
L	N	E	P	R	E	S	C	U	E	K	I	C	E	R	H
O	T	P	A	L	I	O	N	T	D	E	D	R	C	B	E
O	R	A	B	G	K	H	U	R	R	I	C	A	N	E	L
D	O	L	B	E	N	S	P	Q	A	R	O	S	Y	Z	T
C	L	E	G	P	T	I	O	F	R	A	N	H	C	E	E
D	A	V	A	L	A	N	C	E	L	E	C	E	W	K	R
E	K	A	N	E	S	T	H	O	M	E	L	E	S	S	E
V	O	L	C	A	N	I	C	E	R	U	P	T	I	O	N

Collocations

4

Choose the right word.



Task 29 - p. 168-169 / 145

1. The mountain team saved the climbers.
a. police b. rescue c. fire
2. The earthquake destroyed many houses and lots of people were left ...
a. homeless b. killed c. injured
3. We wanted to know what was going ...
a. up b. out c. on
4. A lot of people were standing outside the hotel in ... after the earthquake.
a. shock b. help c. shelter

We survived the tsunami!

5. While I was talking with my friend on the phone, the phone ... dead.
a. came b. got c. went
6. They had a terrible car ... and now they are in hospital.
a. crash b. shut c. fire
7. A strong aftershock ... the area.
a. trapped b. cut c. rocked
8. The hurricane ... thousands of schools.
a. destroyed b. rescued
c. crashed

Lesson 3

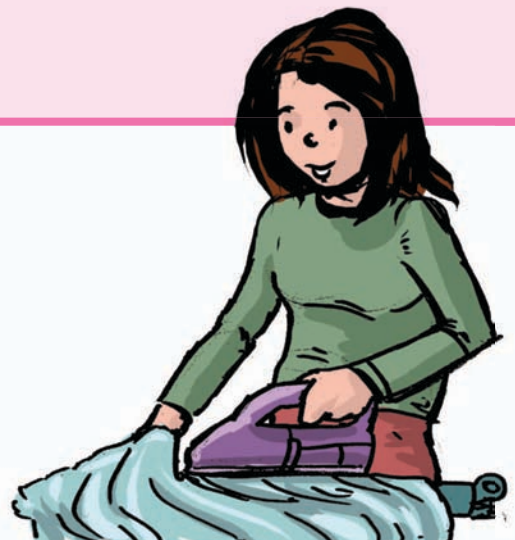


Grammar Link

Past Simple & Past Continuous

- 5** Match the sentences (1-5) with a-e and write sentences.
☆☆

1. I was ironing my T-shirt
2. Dad was sleeping and
3. Sophie took a photo of us
4. She was waiting for the bus when
5. Mr. Dudney helped the fire fighters



We survived the tsunami!

- a. while we were fighting.
- b. she saw her best friend.
- c. when I burnt my finger.
- d. mum was reading the newspaper.
- e. and saved the trapped kids.

1.
2.
3.
4.
5.

Lesson 3

6 Complete the sentences
with **when** or **while**.

1. the teacher got into the classroom, we were writing on the blackboard.
2. Mum was cooking, I was talking on the phone.
3. We were really sorry we heard about your accident.
4. we were having breakfast, the hurricane hit our town.
5. The children were tidying their rooms their mum came home.
6. Vicky was wearing a red dress we saw her last night.
7. we were playing basketball, I hurt my leg.



Complete the sentences with the Past Simple or the Past Continuous of the verbs in brackets.

Task 30 - p. 170-171 / 146

1. Jimmy and Tim
(listen) to music when Mum
..... (call).
2. She (work) on
her computer when it
(crash).
3. While Paul (surf)
the Internet, the lights
..... (go) off.
4. I (cut)
the grass when my aunt
..... (come)

Lesson 3

5. When Anna (arrive),
the baby (cry).

6. Nigel (break)
his leg while he
..... (ski).

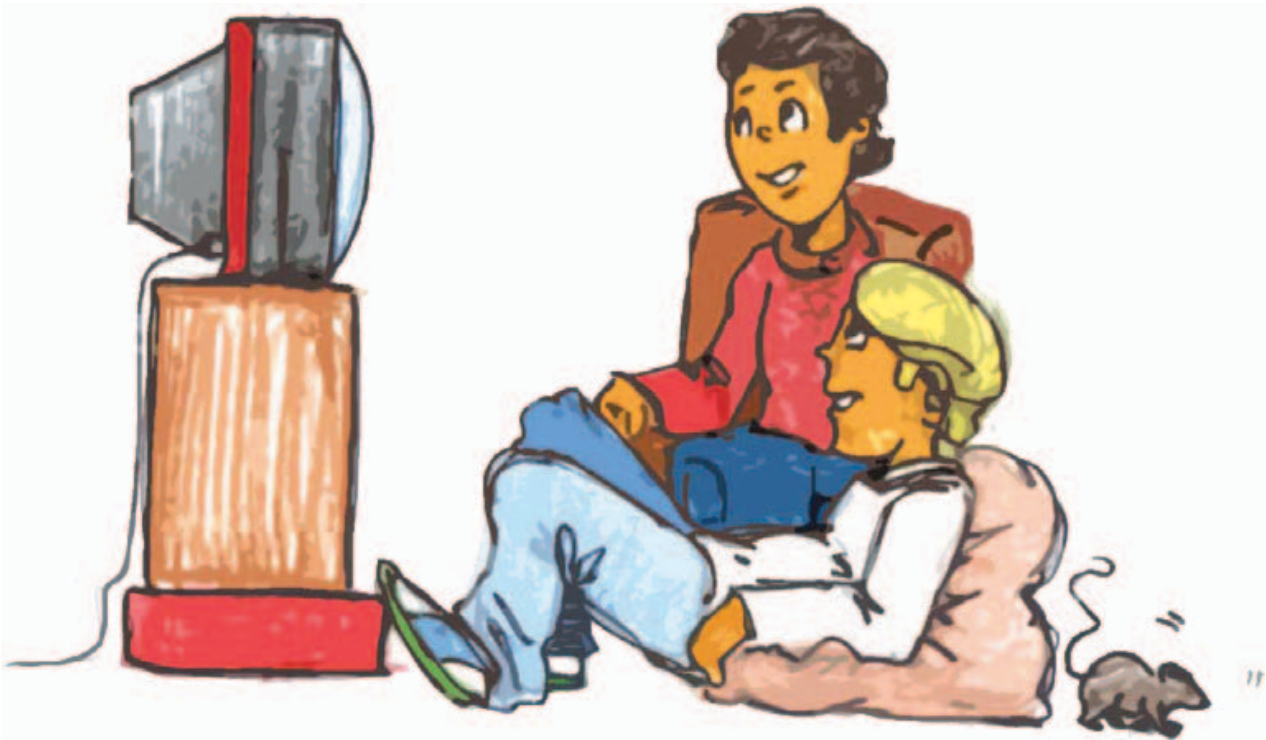
7. They (take)
a test when the headmaster
..... (enter) the
classroom

We survived the tsunami!

Lesson 3

8 Complete the text with Past Simple or Past Continuous of the verbs in brackets.
☆☆

You'll never believe what happened to us the other day! While my brother and I (1 watch) TV, we (2 see) a tiny grey mouse running across the



We survived the tsunami!

room. We
(**3**panic) and
(**4**scream). Our parents
..... (**5**not be) at home
and we (**6**have)
to do something quickly. We
..... (**7**close)
the doors and
(**8**trap) the mouse in the living room.
While my brother
(**9**look) for the mouse under the
sofa, I got a basket and
..... (**10**wait). A few minutes
later we (**11**see)

Lesson 3

its little tail behind the coffee table.
'Now we'll get you!' said my brother.
The mouse (12be) scared
and (13not know)
where to go. When it
..... (14get) out of its shelter,
I (15throw)
the basket over it and luckily we
..... (16trap) it.
But it (17be) so cute
that we
(18not want) to kill it. So we
..... (19decide) to take
it to the nearest field and set it free.

We survived the tsunami!

You just can't imagine how fast it
..... (20 disappear).

That was quite an adventure for it,
wasn't it?

Lesson 3



Writing

A story

- 9** You are taking part in a short story competition. Think of something interesting, funny, strange or sad which happened to you or your family in the past and write about it. Think of a title.



Write:

- when it happened
- where it happened
- what was going on at the time
- what was the interesting / funny / strange / sad event
- what happened afterwards.

Be careful with the tenses!

TEEN MAG

You'll never believe what happened

to

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

UNIT 3

14 Write the words in the box under the correct picture.

steak pasta vegetables
dairy products cereal fruit
cake chips hamburgers



chips

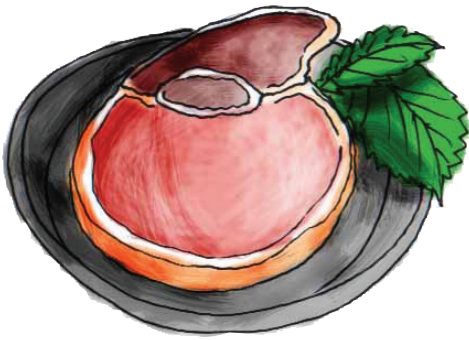


1.

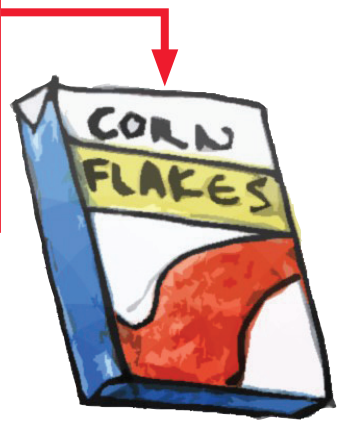


MILK

2.



**CORN
FLAKES**



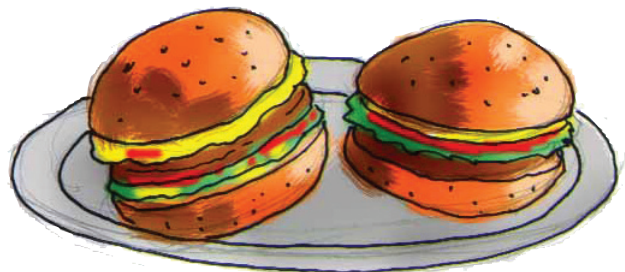
3.

4.



5.

6.



7.

8.

15 Complete the sentences.

1. I must c _ _ down on fatty foods.
2. Unhealthy food is usually high in c _ _ _ _ _ _ _ _.
3. Don't eat so much meat. It's bad for your h _ _ _ _.
4. Let's have some tofu b _ _ _ _ _ _ _ _!
5. Buy w _ _ _ _ g _ _ _ _ bread. It's healthier!
6. Carbonated water makes drinks f _ _ _ _.

- 16** What problems do these children have? Read the letters (a-c) and match them with the titles (1-3).

TEEN MAG

1. DIFFERENT TASTES IN SPORTS
2. Everything is His!
3. ALWAYS IN FASHION?

It's up to you!



a.

**Dear Agony Aunt,
My name's Simona. I'm 12 and I want to be a model. I love wearing trendy clothes and buying lots of accessories. My mum doesn't like buying new clothes. She says it's a waste of money because fashion changes all the time. The problem is that there is a fashion show for teenagers in my area next month and my parents won't let me take part. I think it can be the beginning of my modeling career. What should I do?**



b.

Dear Agony Aunt,

My name's Jean Paul. I'm 14 and I am keen on football. My parents love tennis and they think I should learn how to play tennis, too.

But I don't like it much. All my friends play football and, what is more, there is a football ground just opposite our school. It's our meeting point at the weekends. What do you think I should do?

It's up to you!



C.

Dear Agony Aunt,

My name's Jason and I'm 10. I've got a sister who is older than me and a brother who is just five. The problem is that my brother wants everything I have. Every new DVD I buy he wants to be the first to see it. Every PC game I get, he wants to be the first to try it. That's why we always fight and my parents always put the blame on me. When I talk to them, they don't listen. They say I'm older than him and I shouldn't make him cry. I hate him.

17 Write how these people feel under the pictures.



sad



1.



2.



3.



4.



5.

It's up to you!

18 Choose the correct adjectives to complete the sentences.

e.g. I feel **sad** /happy when I see poor children in the streets.

1. My dad gets **tired/worried** when I don't do well on a test.
2. I feel **bored/excited** when there's nothing interesting on TV.
3. All children feel **worried/excited** when Christmas holidays are near.
4. Stop looking at me! You make me feel **nervous/excited**.
5. I feel dead **bored/tired** after a week's work.

19 Choose the right word to complete the sentences.

1. He joined the a _ _ _ when he was 18.
2. Would you like to w _ _ a ticket for the match?
3. Can you help me s _ _ _ _ this puzzle? It's very difficult.
4. Lisa took p _ _ _ in the school singing contest.
5. Chimps are very f _ _ _ _ animals.
6. My brother doesn't like giving his t _ _ _ to other children.
7. Going out with friends is great f _ _.
8. My sister is Avril Lavigne's f _ _ . She's got all her CDs.

20 Write the opposites.

1. bad ≠

2. old ≠

3. boring ≠

4. easy ≠

5. expensive ≠

6. beautiful ≠

7. rich ≠

8. much ≠

9. hot ≠

10. far ≠

21

Complete the sentences. Use the positive, the comparative or the superlative forms of the adjectives in the box.

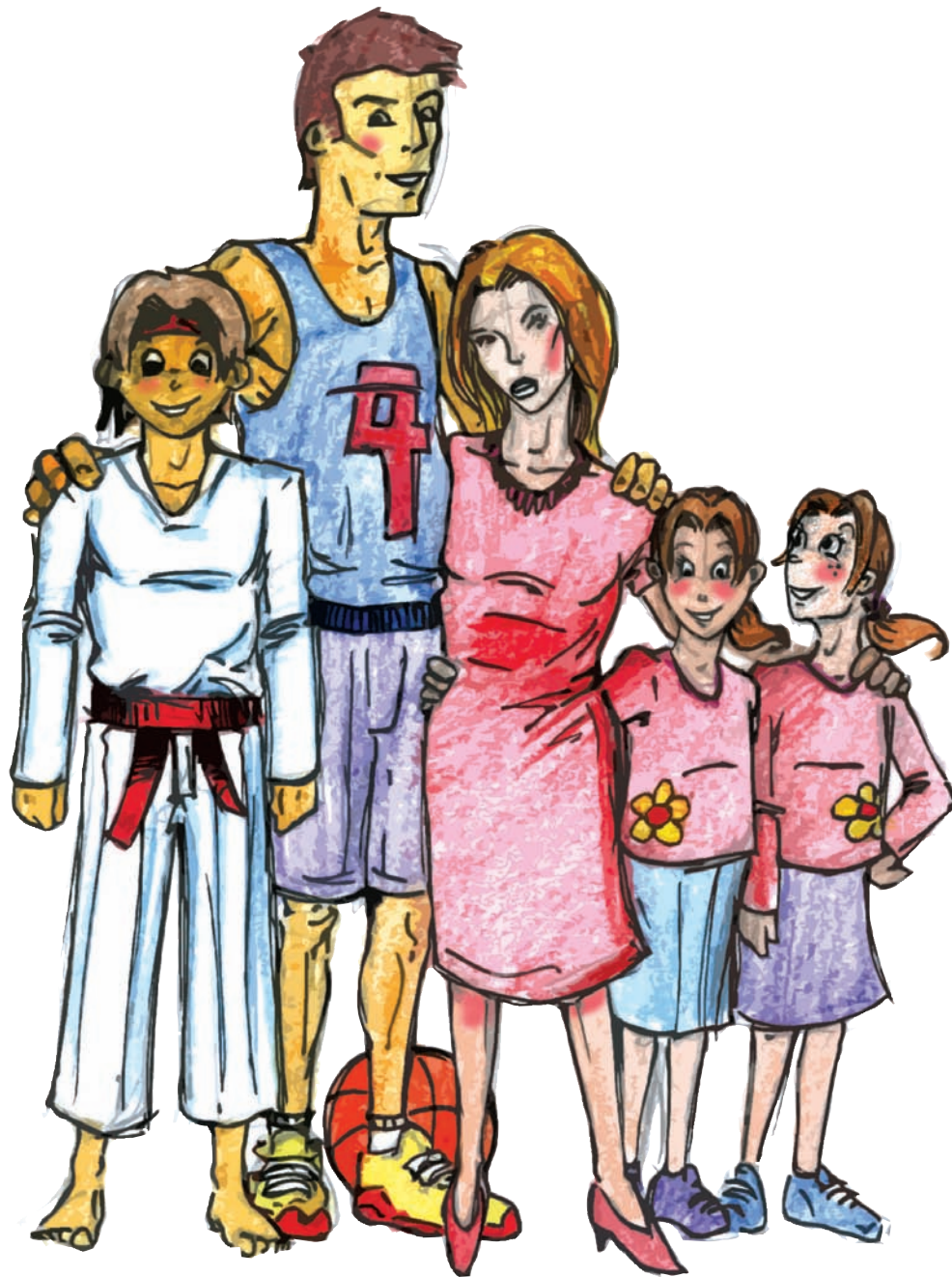
healthy wide expensive
 trendy big exciting good
 funny ~~tall~~ popular delicious

e.g. My dad is **the tallest** man in our family.

1. My computer screen is
 than yours. It is 19 inches.
2. Jerry is
 boy in our class. Everybody likes him.
3. My mobile phone isn't as
 as my
 friend's. It was only € 30.

It's up to you!

4. My room is
..... than my brother's.
There's room for two beds.
5. My brother is
..... basketball player in the
school team.
6. Matrix isn't as
as The Lord of the Rings.
7. My dad's jokes are
..... than my mum's.
8. Homemade food is
..... than fast food.
9. Fresh fruit with yoghurt is
..... dessert of all.
10. The blue T-shirt is as
..... as the red one.



UNIT 4

22A Now read the text and answer these questions.

- What were the Vikings good at?

.....

- What did the Vikings (both men and women) do in winter?

.....

- Who was their favourite god?

.....

- What was the capital of their kingdom?

- Where is the Jorvik museum?
What is its name?

.....

It's up to you!



- | | | |
|-------------------|----------------|-------------------|
| 1. NORTH AMERICA | 6. Ireland | 11. Mediterranean |
| 2. Atlantic Ocean | 7. Scandinavia | Sea |
| 3. Greenland | 8. France | 12. AFRICA |
| 4. Iceland | 9. Russia | 13. Arabia |
| 5. Britain | 10. EUROPE | |

THE VIKINGS

RAIDERS, TRAVELLERS OR BRAVE EXPLORERS?

The Vikings sailed the seas, attacked towns and stole treasures all over Europe between the years 800 and 1100. They started from Scandinavia and attacked many countries in Europe. They settled in Britain, Ireland and France. They also crossed the Atlantic Ocean and arrived in Iceland and Greenland. They discovered North America but they also travelled east to Russia and south to Arabia.

They were good farmers and excellent shipbuilders. They used their ships for wars. They also used them to carry people and goods to

It's up to you!

new lands. In winter, when there was not much farm work to do, they stayed at home and did other interesting jobs. Men made swords to use them in battles. The Vikings liked swords so much they often decorated themselves with gold and gave them names. Women cooked food and made clothes, shoes and jewellery for them, their children and their husbands. The Vikings believed in many gods and goddesses. Their favourite was Odin, the god of the dead!

In 866 the Vikings captured an Anglo-Saxon town. They called it Jorvik and it was the capital of the Viking kingdom for 200 years. They made Jorvik rich and one of the most famous cities in Britain.

Some years ago, archeologists discovered part of that Viking town in York, the modern city of Jorvik. They found many things such as jewellery, coins and clothes. If you ever go to York and you want to travel back in time and see how the Vikings lived, visit the Jorvik Viking Centre!

**Adapted from Wilson, D. M.
(1987) The Vikings,
Activity Book, British Museum Press
Pictures from Maynard, C. (1996)
Viking Times, Kingfisher**

22B

Find the words (1-10) in the article. In pairs, guess what they mean and match them with a-j.

1. sail	a. fight between armies, ships or planes during war
2. attack	b. to try to hurt or kill someone
3. treasure	c. to make a place or a country your home
4. settle	d. places
5. shipbuilder	e. travel on water
6. goods	f. catch a person and keep them as a prisoner

7. lands	g. a person who makes ships and boats
8. sword	h. a collection of valuable things
9. battle	i. things we sell such as food, drinks, clothes etc
10. capture	j. a kind of knife used at wars to kill someone

23 Complete the sentences with the right word.

1. People used the dynamite to b _ _ _ _ canals.
2. Columbus d _ _ _ _ _ _ _ _ _ _ America.
3. Who i _ _ _ _ _ _ _ the lamp?
4. Mozart composed his first m _ _ _ _ when he was 5.
5. Walt Disney is the c _ _ _ _ _ _ of Mickey Mouse.
6. The Little Mermaid is my favourite f _ _ _ _ t _ _ _ .



24 Fill in the gaps with the correct form of the verbs in the box in the Past Simple.

revise	watch	do	finish (4)
study (2)	be (2)	start	have

Stuart: **Did** you **watch** Madonna's concert on TV last night?

Ann: No, I didn't. I **had** a lot of homework.

Stuart: Really? What **1** _____ you _____ ?

Ann: I **2** _____ drawing a map for geography, I **3** _____ my vocabulary for the test in English and I **4** _____ my piano.

It's up to you!

Stuart: Wow! You **5** _____
terribly busy! What
time **6** _____ you
_____?

Ann: I **7** _____ at four
o'clock in the afternoon
and I **8** _____
at ten. What about you?
When **9** _____ you
_____?

Stuart: I **10** _____
everything on Saturday so
I **11** _____ free on
Sunday.

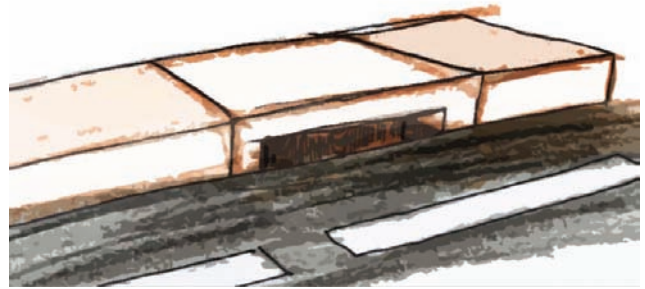
Ann: That's cool!

25 Read the jokes again and find the last sentence to complete them (1-3).

- a. “Mummy, is this why all of grandma's hair is white?”
- b. “I think Mummy ate it!”
- c. “Well, for one, you're 52 years old. And for another, you're the headmaster!”

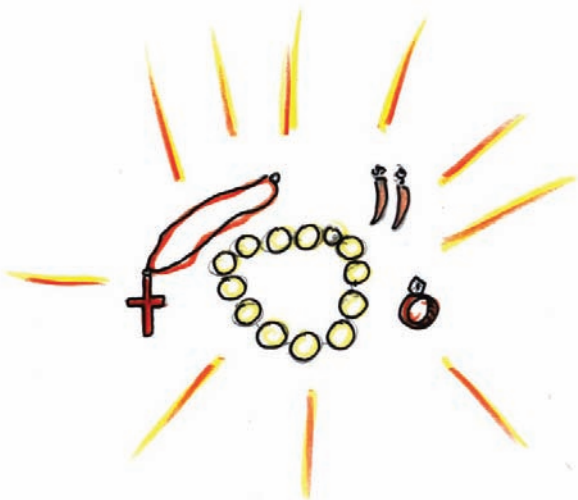
It's up to you!

26



1

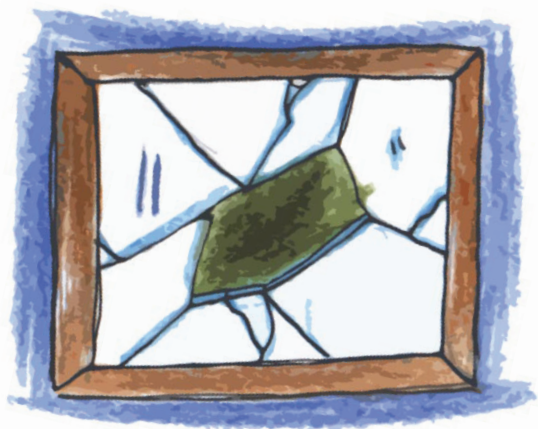
2



3



4



5



6



7



8

It's up to you!

27 Complete the sentences with the right word from the box.

police prize spend neighbour
burglars mess repair
pavement

1. I wrote a story for a competition and won first
2. Mr. Wilson is our new
He has just moved into the flat next door.
3. I must tidy my room. It's in a terrible
4. John was standing on the outside the cinema. He was waiting for his friend.

5. After the bank robbery, we called the and they arrived five minutes later.
6. We decided to our summer holidays at Kalavryta.
7. Two got into my flat and stole my
8. Can you help me my bike? It's got a flat tyre.

28 Read the headlines of the news reports and tick the disasters you think they are about. Then read the news and check if you are right.

a. a fire

b. an environmental disaster

c. bad weather

1 FIRES RAGE IN THREE STATES

N. Mexico, Jan 13, 2006

Firefighters in Texas, New Mexico and Oklahoma are trying to control dozens of fires that started last month. The fast-moving fires destroyed small towns and damaged more than 500,000 acres of land. At least five people lost their lives.

2 POLISH TRAGEDY IN SNOW BOUND EUROPE

Warsaw, Jan 29, 2006

Frigid weather caused severe damages across Europe over the weekend. At least 66 people died when a roof fell because of heavy snow in Poland. Cars couldn't move because of Snow in France, Switzerland, Italy, Spain and Portugal and there were lots of car accidents.

3 AN OIL DISASTER

Madrid, Nov 21, 2002

Last week, an oil tanker on its way to Singapore was caught in a terrible storm near Spain. The tanker sank about 150 miles from

It's up to you!

Spain. It was carrying more than 20 million gallons of fuel oil and about 1.6 million gallons of oil went into the Atlantic Ocean. Beaches and wildlife are in danger.

**adapted from
<http://www.timeforkids.com/TFK/hh>**

29 Complete the sentences with the right word.

- 1. The mountain r _ _ _ _ _ team saved the climbers.**
- 2. The earthquake destroyed many houses and lots of people were left h _ _ _ _ _ .**
- 3. We wanted to know what was going o _ .**

4. A lot of people were standing outside the hotel in s _ _ _ _ after the earthquake.
5. While I was talking with my friend on the phone, the phone w _ _ _ dead.
6. They had a terrible car c _ _ _ _ and now they are in hospital.
7. A strong aftershock r _ _ _ _ _ the area.
8. The hurricane d _ _ _ _ _ _ _ _ thousands of schools.

30 Choose the correct form of the Past Simple or the Past Continuous of the verbs to complete the sentences.

1. Jimmy and Tim **listened/were listening** to music when Mum **called/was calling**.
2. She **worked/was working** on her computer when it **crashed/was crashing**.
3. While Paul **surfing/was surfing** the Internet, the lights **went/were going off**.
4. I **cut/was cutting** the grass when my aunt **came/was coming**.
5. When Anna **arrived/was arriving**, the baby **cried/was crying**.

6. Nigel **broke/was breaking** his leg while he **skied/was skiing**.
7. They **wrote/were writing** a test when the headmaster **entered/was entering** the classroom.

Unit 3, p. 5/27, TEEN matters!

UNITS/ LESSONS	LESSON 1, p. 8/28 Food for thought!
READING	<ul style="list-style-type: none">• a quiz about healthy snacking• a presentation of Bob's snacking habits
VOCABULARY LINK	<ul style="list-style-type: none">• food• 'food' collocations• adjectives
GRAMMAR LINK	<ul style="list-style-type: none">• nouns & quantifiers (a lot of/much/many/ a few/a little/some/ any)• modals (must/mustn't /don't have to)
WRITING	<ul style="list-style-type: none">• a paragraph about your snacking habits

Unit 3, p. 5/27, TEEN matters!

UNITS/ LESSONS	LESSON 2, p. 24/33 Your problem sorted!
READING	<ul style="list-style-type: none">• children's letters to Agony Aunt
VOCABULARY LINK	<ul style="list-style-type: none">• adjectives of feelings
GRAMMAR LINK	<ul style="list-style-type: none">• modals (must/ may/ might/ should/shouldn't)
WRITING	<ul style="list-style-type: none">• a letter of advice

Unit 3, p. 5/27, TEEN matters!

UNITS/ LESSONS	LESSON 3, p. 44/38 We're on a shopping spree!
READING	<ul style="list-style-type: none">• house advertisements
VOCABULARY LINK	<ul style="list-style-type: none">• collocations• opposites• advertisement abbreviations
GRAMMAR LINK	<ul style="list-style-type: none">• comparative & superlative
WRITING	<ul style="list-style-type: none">• a paragraph explaining your opinion

Unit 4, p. 65/43, Looking back on the past!

UNITS/ LESSONS	LESSON 1, p. 68/44 On a mystery tour!
READING	<ul style="list-style-type: none">• the history of the Vikings
VOCABULARY LINK	<ul style="list-style-type: none">• music• puppets• poetry• famous people
GRAMMAR LINK	<ul style="list-style-type: none">• Past Simple of the verb 'to be'• Past Simple of regular & irregular verbs
WRITING	<ul style="list-style-type: none">• your biography for your class year book

Unit 4, p. 65/43, Looking back on the past!

UNITS/ LESSONS	LESSON 2, p. 98/51 Tell me a story!
READING	<ul style="list-style-type: none">• jokes
VOCABULARY LINK	<ul style="list-style-type: none">• burglary• weather• collocations
GRAMMAR LINK	<ul style="list-style-type: none">• Past Continuous Tense
WRITING	<ul style="list-style-type: none">• a paragraph describing what was happening at specific times in the past

Unit 4, p. 65/43, Looking back on the past!

UNITS/ LESSONS	LESSON 3, p. 117/56 We survived the tsunami!
READING	<ul style="list-style-type: none">• news reports
VOCABULARY LINK	<ul style="list-style-type: none">• disasters
GRAMMAR LINK	<ul style="list-style-type: none">• Past Simple & Past Continuous
WRITING	<ul style="list-style-type: none">• a story

*** ΠΗΓΕΣ ΚΕΙΜΕΝΩΝ & ΕΙΚΟΝΩΝ ΠΟΥ ΧΡΗΣΙΜΟΠΟΙΗΘΗΚΑΝ ΓΙΑ:**

**Αγγλικά Α΄ Γυμνασίου - Επίπεδο
Προχωρημένων - Βιβλίο Μαθητή**

UNIT 3

- **Healthy Snacking Quiz, based on http://kidshealth.org/teen/food_fitness/nutrition/snacking.html**

UNIT 4

- **The Vikings, βασισμένο στο Wilson, D. M. (1987) The Vikings, Activity Book, British Museum Press**
- **World News in brief, βασισμένα σε ειδήσεις από <http://www.timeforkids.com/TFK/hh>**

ΦΩΤΟΓΡΑΦΙΕΣ

UNIT 3

- Φωτογραφίες Wilson
σελίδα 23, από <http://www.kidsatrandomhouse.co.uk/jacquelinewilson/>

UNIT 4

- Εξώφυλλα
Η Σαββίνα, η Μοένια και τα
χρώματα - Βησσαρία Ζορμπά-
Ραμμοπούλου - Εκδόσεις Ακρίτας
Indigo Blue by Cathy Cassidy -
Puffin 2005
Matilda <http://en.wikipedia.org>
- Φωτογραφία Vikings & χάρτης,
σελίδα 68/44 από Maynard, C. (1996)
Viking Times, Kingfisher

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